

Wynndale Primary School PSHE/RSE long term plan



At Wynndale Primary School we use talking points, the Christopher Winter project and No outsiders to deliver a broad and Balanced curriculum across all year groups. Teachers have the freedom to use resources and teach core PSHE concepts within their main drivers each term, to ensure fluidity and the opportunity for cross curricular learning. Learning objectives can be found in the PSHE progression document.

Year 1					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
How to make friends and what makes a good friend CWP 1 Global Who loves and cares me and why family is important. CWP 3 The family book Global	Rules keep us safe at school and home and what things in my home are safe. TP 11 Following Rules Global Why rules are needed and different ones. TP 6 Global Know simple hygiene rules and how to practise them to keep me healthy. TP 13 Healthy	Why it is important to join in and how to feels to be left out. NO 3 Can I join your club Diverse What the Internet is used for and what games are safe. Digi-books Healthy	Know my different strengths and how to celebrate them. NO 6 – Own Ambitious Know my feelings and how to manage big feelings. TP 10 Everybody feels angry Healthy	Same and different as others. NO 1 Todd parr it's okay to be different Diverse Know personal preferences and how I am unique. NO 2 Diverse	Know what money is and different sources. TP 15 Ambitious To like who I am and recognise my personal qualities. I am enough Only one you Healthy

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Year 2					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Friendships</u> TP 6 The selfish Crocodile – Faustin Charles NO 3 Amazing – Steve Anthony <u>Managing hurtful behaviour and bullying</u> TP 15 Never Talk to Strangers – Irma Joyce	<u>Physical Health</u> TP 1 Get Up and Go – Nancy Carlson TP 2 I Will Not Never Ever Eat a Tomato – Charlie and Lola <u>Mental Health</u> TP 5 In My Heart – Jo Witek NO 4 CWP – All lessons Are You a Boy or a Girl? – Sarah Savage Julian is a Mermaid – Jessica Love <u>Respecting self and others</u> TP 18 The Dinosaur Department Store – Lily Murray NO 2 Splash – Claire Cashmore	<u>Keeping Safe</u> TP 1 Get Up and Go – Nancy Carlson TP 7 When a Dragon Comes to Stay – Daryl Hart TP 16 Ruby's Worry – Tom Percival <u>Media, Literacy and Digital Resilience</u> TP 15 Never Talk to Strangers – Irma Joyce TP 17 Webster's E-mail – Hannah Whaley	<u>Ourselfs – growing and Changing</u> TP 13 Me and My Amazing Body – Joan Sweeney TP 14 My Body! What I Say Goes! – Jayneen Sanders CWP 3 It's Ok to be Different – Todd Parr or Shapesville – Andy Mills <u>Families and close positive relationships</u> NO 5 Is that your Mama? – Patrice Lawrence TP 8 The Steve's – Morag Hood	<u>Drugs, Alcohol and Tobacco</u> TP 3 Doctor Molly's Medicine Case – Miriam Moss TP 4 Do Not Lick This Book – Idan Ben-Barack <u>Communities</u> TP 9 We Are All Born Free TP 10 Farmer Duck – Martin Waddell NO 1 Can I Join Your Club? John Kelly NO 6 The Perfect Fit – Naomi Jones	<u>Shared Responsibilities</u> TP 11 Here We Are – Oliver Jeffers <u>Economic Wellbeing: Money</u> TP 12 My Rows and Piles of Coins <u>Economic Wellbeing: Aspirations, Work and Career</u> TP 18 The Dinosaur Department Store – Lily Murray

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Year 3					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mental Health TP 8, 9, 11 (TP 11 – What Do I Do When My Friends Are Sad? Book – The Hug) NO 2 (Book – We're All Wonders)	Friendships - judgements NO 1 (Book – Our House) TP 7, 10 (links to Novel Study – Stig of the Dump)	Families TP18 (Book – My Two Grannies) TP 16 CWP lesson 3 (Lesson – Help and Support) (links to Novel Study - The Water Horse)	Keeping healthy TP 1 (Book – Gregory, The Terrible Eater), 2 (Book – Crab and Whale) (links to Science unit Humans and Other Animals)	Rights and responsibilities TP 6 (Book – The Two Monsters), 7 (Book – The Day the Crayons Quit), 8 (Book – I Did It, I'm Sorry), 14 (Book – The Lion Inside) (link to Remarkable Person – Great Thunberg)	Diversity and community TP 15 (Book – In the Swamp by the Light of the Moon) NO 3 (Book – The Truth About Old People)
Personal identity and difference TP 13 (Book – The Go Away Bird) CWP lesson 1 (Body Differences) NO 3.4 (Book – I Am Nefertiti)	Similarities and difference TP 12, 17 (Book – Through My Window), 18 NO 4, 6 (Book – Aalfred and Aalbert – n.b. book unavailable) (links to Novel Study – Stig of the Dump)	Online safety TP 13 (link with Safer Internet Day)	Drug use - risks TP 4 (Book – Smoking Stinks!) (links to Science unit Humans and Other Animals)	Friendships TP 11 (Book – The Hug) NO 5 (Book – Shu Lin's Grandpa) CWP lesson 2 (n.b. – this doesn't fit in with this objective and will have to be taught discretely)	Jobs and finance TP 16
Keeping safe - emergencies TP 3 (Book – Look Out at Home), 5 (Book – Come and Tell Me)	Jobs and careers TP 17 (Book – Through My Window), 18				

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Year 4					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
To know that friendships have ups and downs, and strategies to resolve and reconcile these differences TP 2, 3 CWP lesson 3 To know that the words I use can affect others. To know about discrimination, what it means and how to challenge it. NO 1, 6 TP 9, 15 To know how to show acceptance and that respecting people's choices is important. NO 3	To know the importance of having compassion towards others and that we should all have care and concern for others TP 9, 13 NO 4 To value the different contributions that people and groups make to the community TP 16, 17, 18	To know what constitutes a healthy diet, and how making these choices will keep me healthy too TP 1 To know the risks and effects associated with legal and illegal drugs TP 5 To know what mental health means and I can recognise when I am feeling unhappy and know what to do to make myself feel better TP 2, 8 NO 1	To know how to manage risks in person and online and the importance of complying to regulations TP 4 To know about some of the different ways information and data is shared and used online TP 6, 7	To know and understand that families can change over time and how to manage changes that are out of my control NO 4 TP 10 To know what can contribute to my self-worth and how gender stereotypes may affect this TP 14 CWP lesson 1, 2	To know how my money can be kept safe and how to save my money TP 12 To know that there is a broad range of different jobs and careers that people can have. To know about some of the skills that will help in future career choices TP 10, 12

Year 5					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Link to Novel Study</u> To know that there are different types of family structure and that relationships involve love and commitment NO 1 TP 5, 11	<u>Link to Novel Study</u> To know that all friendships have issues and how to resolve these issues. To know that people try hard to fit in TP 4, 8, 10 To know that it is important to accept difference, and it is not a reason to be mentally or physically hurtful TP 7 NO 4 To listen and respond effectively to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own NO 3 TP 13, 14	<u>Link to English and Theme</u> To know ways of carrying out shared responsibilities for protecting the environment in school and at home TP 18, 6 To know the importance of belonging to a community and the positive role I can have TP 17 NO 5 <u>Link to Mental Health Week</u> To know what different factors affect my mental health and to know a range of strategies to help CWP all lessons TP 3, 4 NO 2	<u>Link to Decimals in Maths</u> To know about risks associated with money and ways of keeping money safe TP 15, 16 To know the ways in which social media and the internet can be used positively and negatively TP 7	I know the risk associated with sharing information online and how to report these issues TP 4 To know how to create healthy habits and how to develop good personal hygiene routines CWP all lessons To know what changes occur during puberty and how to manage and cope with these changes CWP lesson 1	<u>Links to Mining Theme</u> To know about stereotypes in the workplace and that a person's career should not be limited by them TP 12 NO 6 To know about the risks and effects of legal drugs common to everyday life and recognise that drug use can become a habit TP 2

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Year 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Physical health Linked to DART To know what choices contribute to good physical health and to know the signs of physical illness NO 5 TP 5, 12 To know the laws surrounding drugs and how media can contribute to the use of drugs TP 2 To know what choices contribute to good physical health and to know the signs of physical illness TP 5, 12 Respecting self and others I know that prejudice is not acceptable and I know the effects of this if it is not challenged in society TP 8, 13, 14 NO 1, 2	Shared responsibilities To know what democracy means and I know how it can affect equality TP 1, 5, 6 NO 7 To know what things are appropriate to share and things that should not be shared on social media, and the rules surrounding images TP 7, 16, 17 Managing hurtful behavior and bullying To have strategies to respond to hurtful behaviour experienced or witnessed, offline and online, how to come to terms with it and how to get support CWP lesson 4 NO 4 TP 9, 16	Mental Health To know what choices contribute to good physical health and to know the signs of physical illness TP 5, 12 Friendships I know how healthy friendships are important and welcoming, and not to exclude other children TP 6 NO 6	Communities To know how people in my community are different and I can show respect to people who are different to me TP 15 NO 6, 3 Families and close positive relationships To know why and how relationships begin and that careful decisions have to be made when starting a family CWP lesson 2, 3	Ourselves – growing and changing To know what happens during puberty and the process of reproduction TP 10, 11 CWP lesson 1 Keeping Safe To know what information is appropriate to share in person and online and where to find support TP 7	Economic wellbeing: money To know how to budget my money and how spending can affect my feelings TP 1 To know what might influence peoples decisions about a job or career TP 18