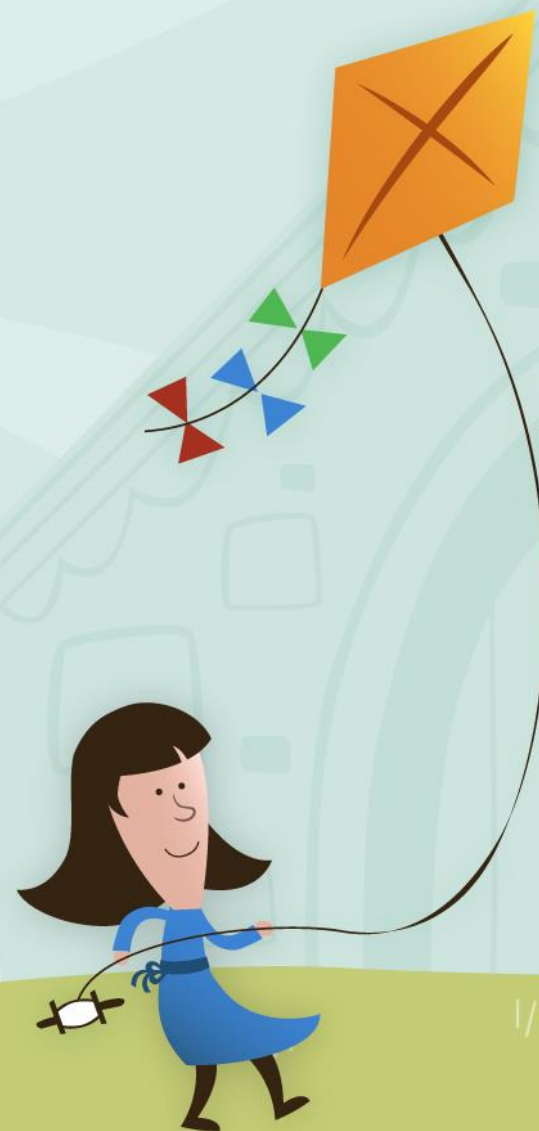


Parent's Guide to Talking Points

Year 4



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 4 Talking Points

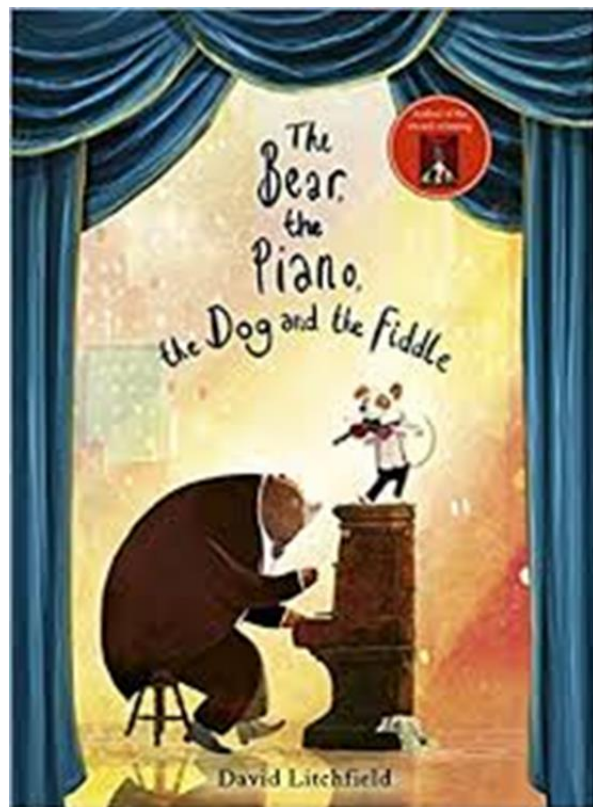
How do	Talking Point	Strand	Page
1	What's that feeling I have?	Understanding me	
2	What do I do when my friend is cross?	Understanding others	
3	How do I compromise?	Understanding me	
4	How do I do emergency first aid?	Looking after me	
5	Am I at risk?	Looking after me	
6	How do I stay safe online?	Looking after me	
7	Am I safe on my mobile phone?	Looking after me	
8	What can I do about negative thoughts?	Looking after me	
9	Should I own up?	Looking after me	



Year 4 Talking Points

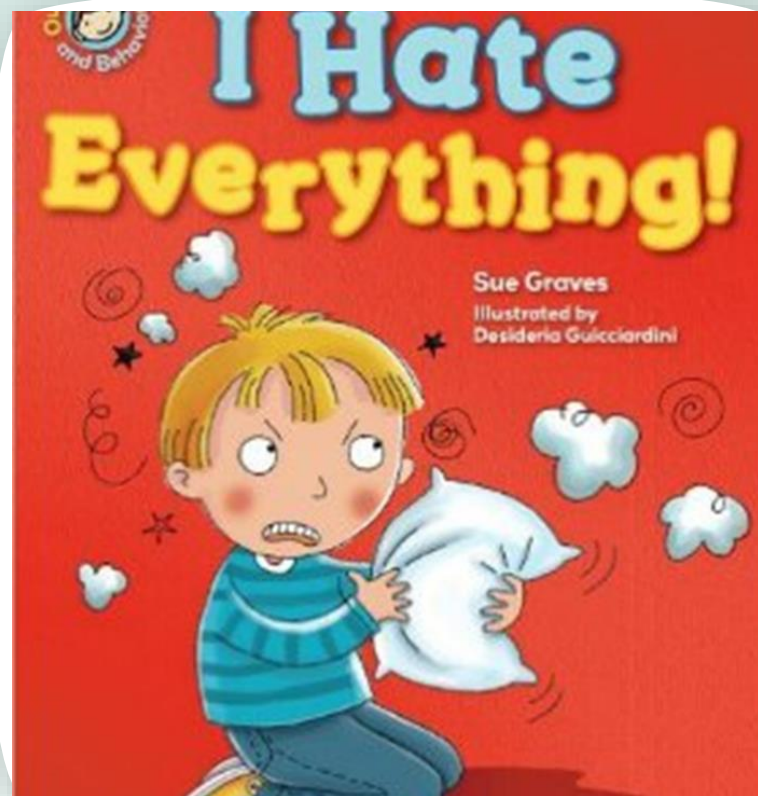
	Talking Point	Strand	Page
10	Is it ok to hug?	Understanding others	
11	What's an aspiration?	Understanding me	
12	What is enterprise?	Understanding groups	
13	What worries me in the world?	Understanding me	
14	What is discrimination?	Understanding groups	
15	What does it mean to be anti-social?	Understanding groups	
16	How do I support my community?	Understanding groups	
17	What's a volunteer?	Understanding groups	
18	Can I volunteer or help others?	Understanding me	





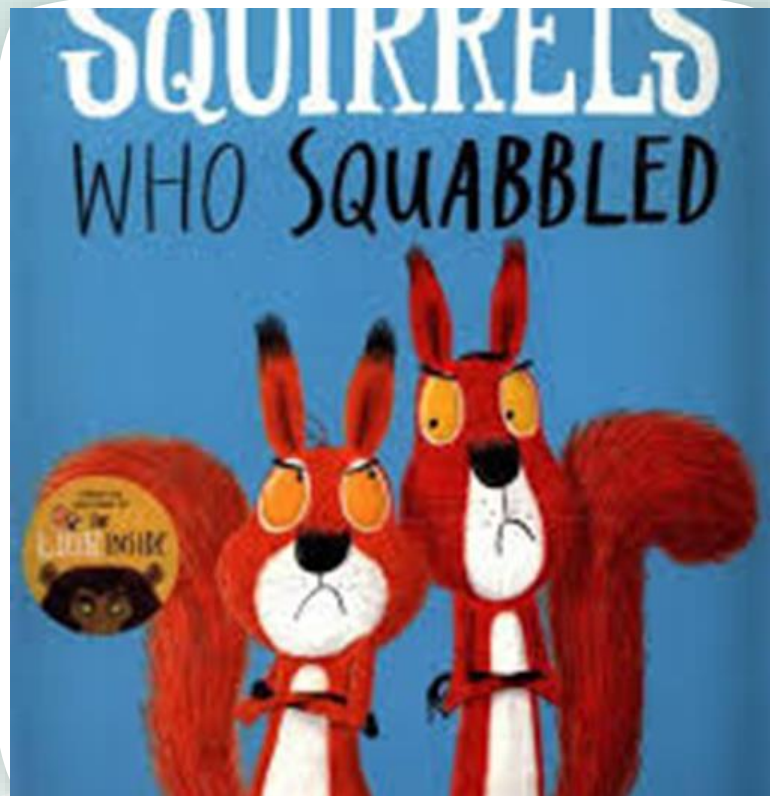
Looking at a range of different feelings and how they make us feel inside

The books

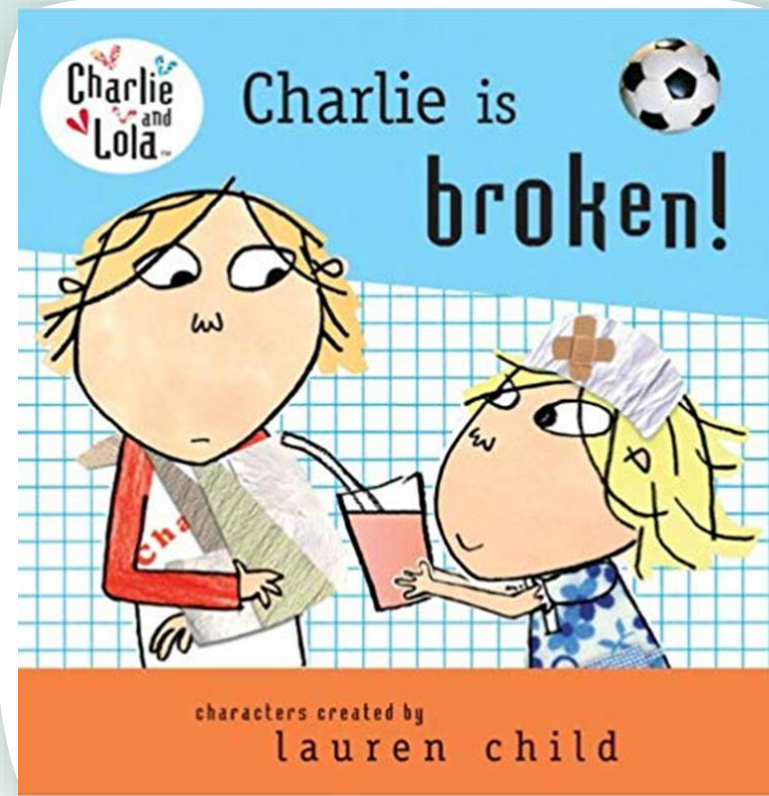


Discussions about how we can help others who are feeling angry or upset





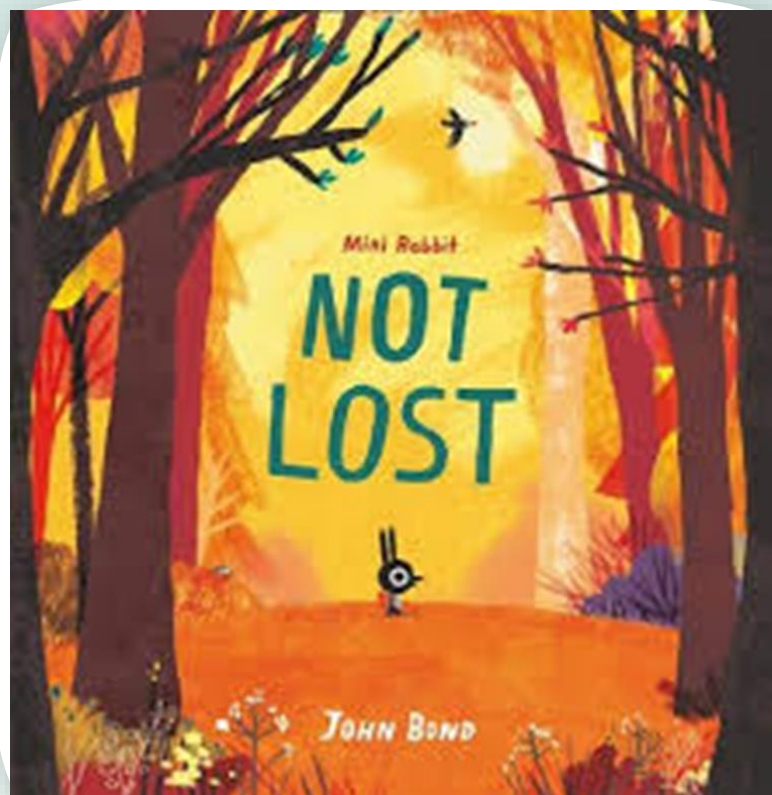
A return to looking at compromising with others instead of arguing or being violent



A brief introduction to emergency first aid

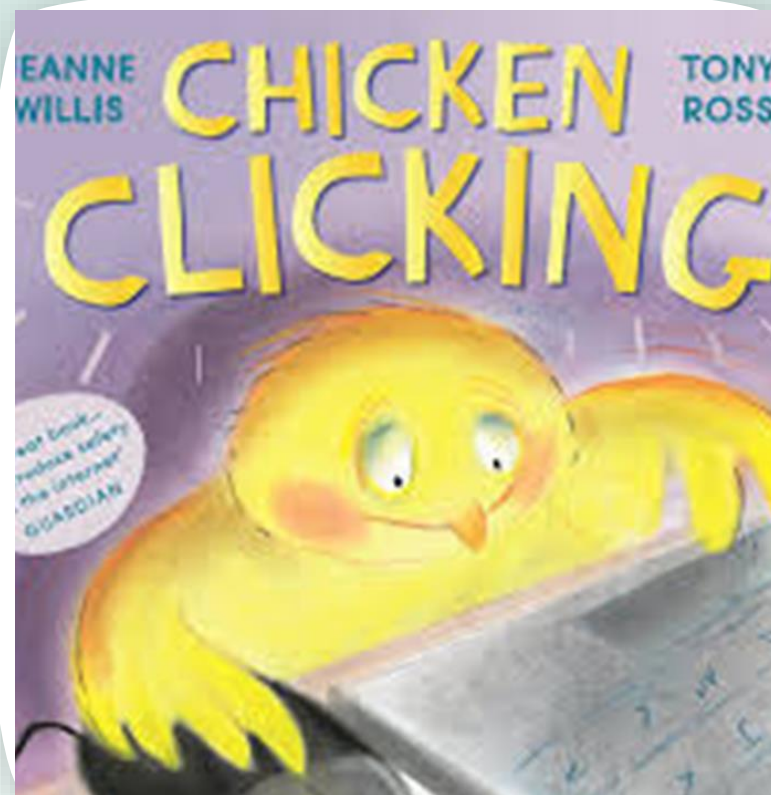


The books



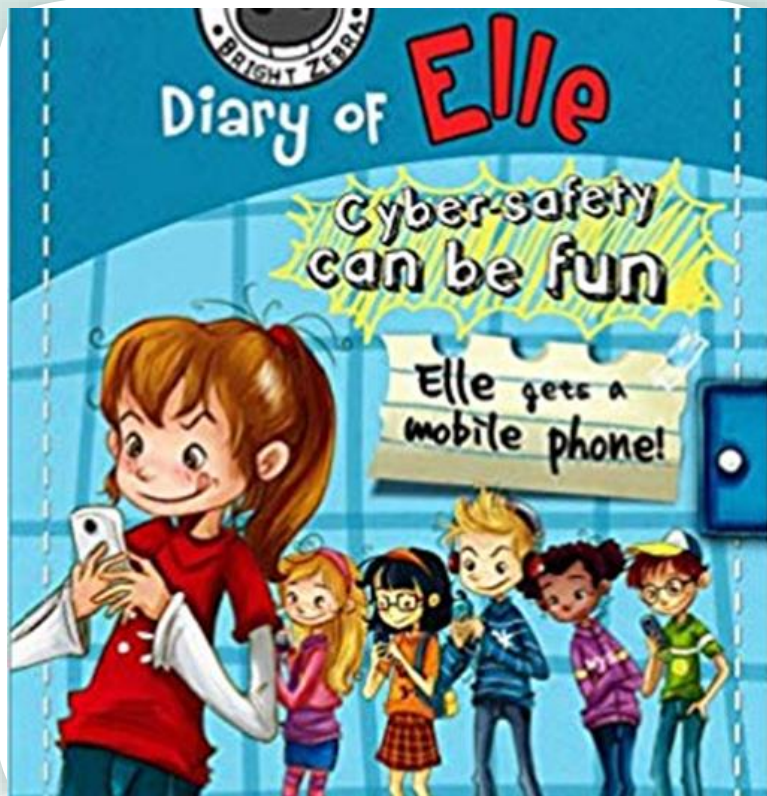
Understanding of the term 'risk' and how to assess situations to ensure your own safety

The books



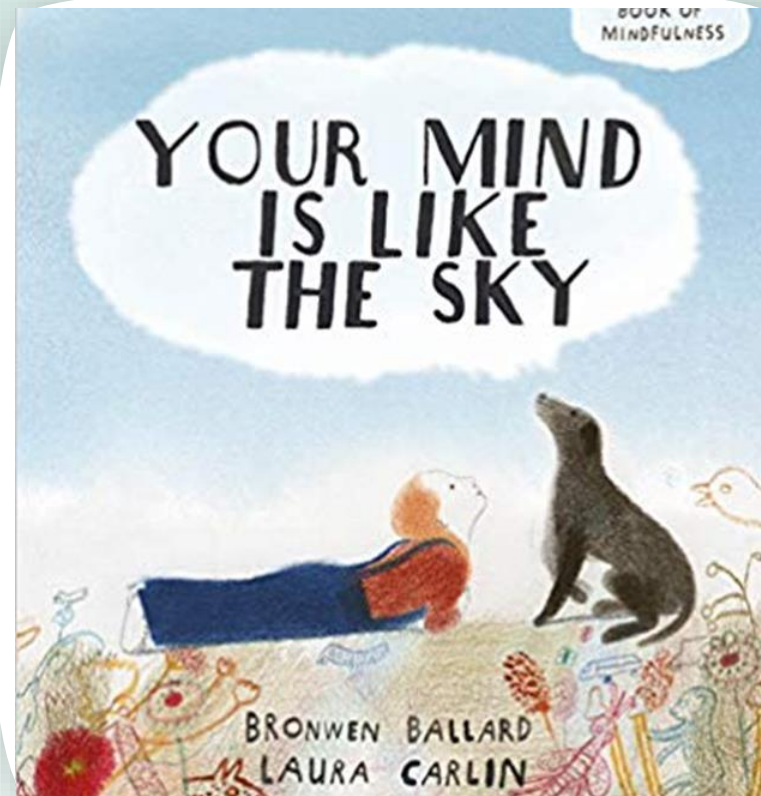
Internet safety and the need for rules for online friendships including not meeting people you don't know





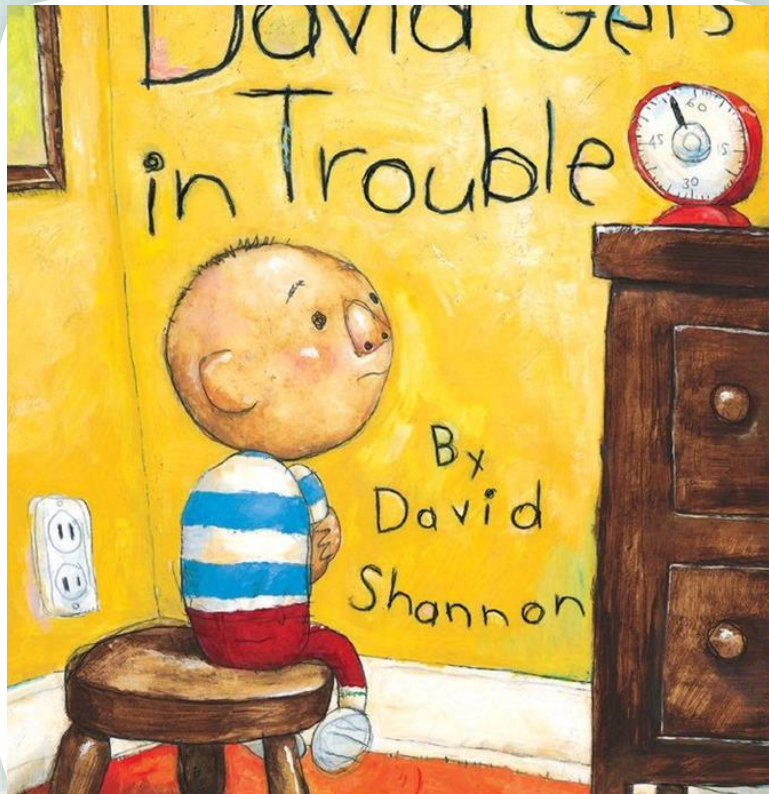
Discussions around the pros and cons of having a mobile phone and how to stay safe when you have one

The books



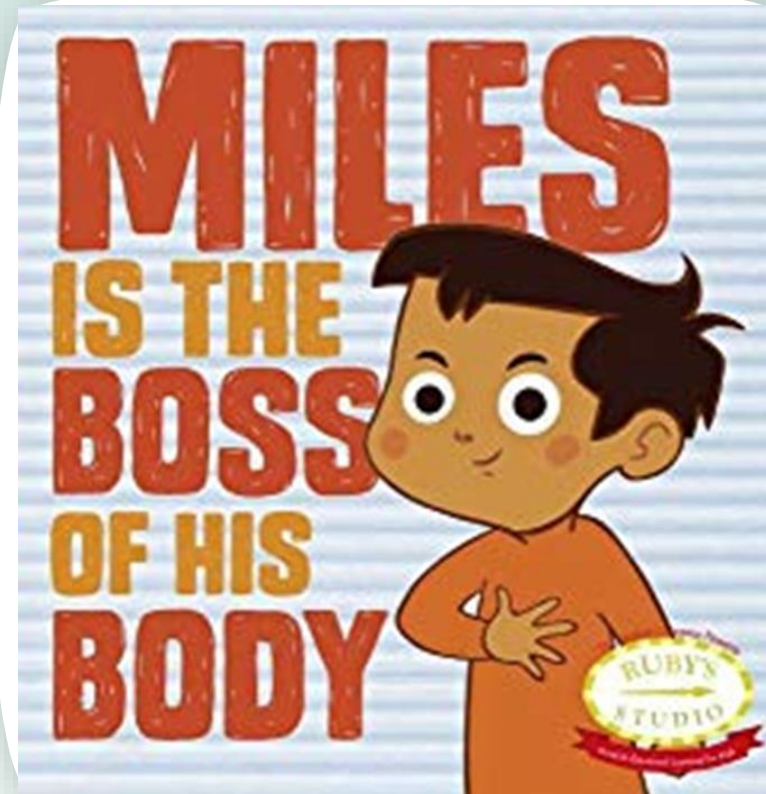
Beginning of discussions around mental health and negative thoughts and how to deal with them





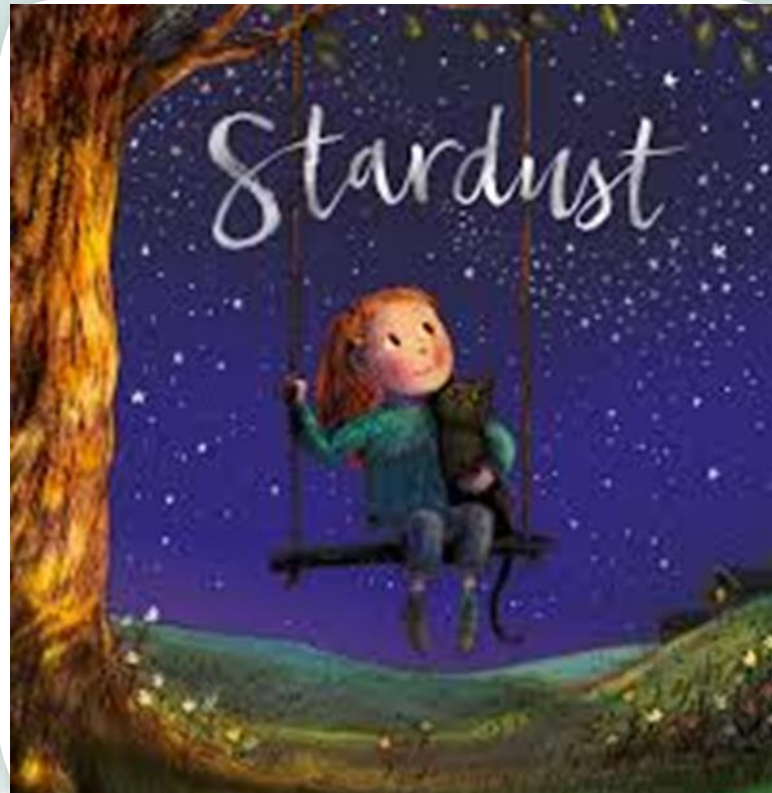
Discussions around owning up to our mistakes and understanding of the words 'in confidence'

The books



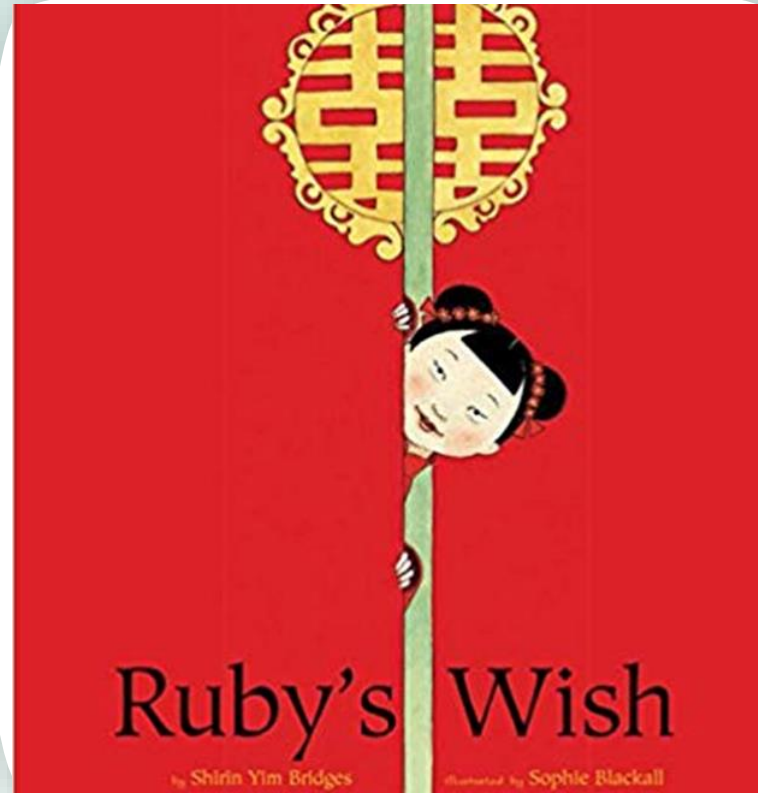
Continuation of age appropriate discussions around consent and privacy especially around children's own bodies





Understanding of the word aspiration and how to set targets and goals for ourselves throughout our lives

The books



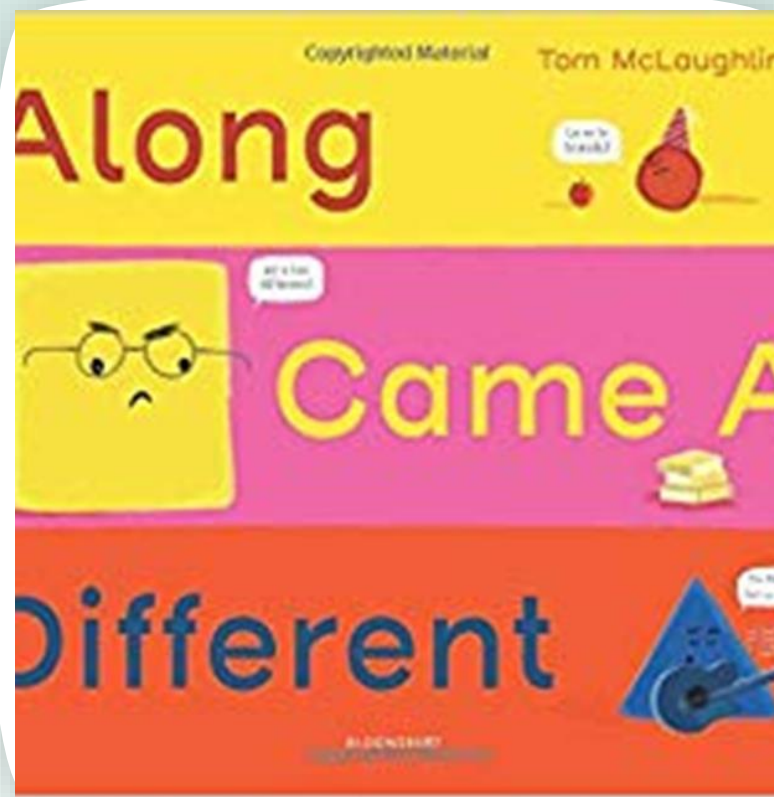
Understanding the vocabulary around 'enterprise' and 'initiative' and staying focused when you have set yourself a goal





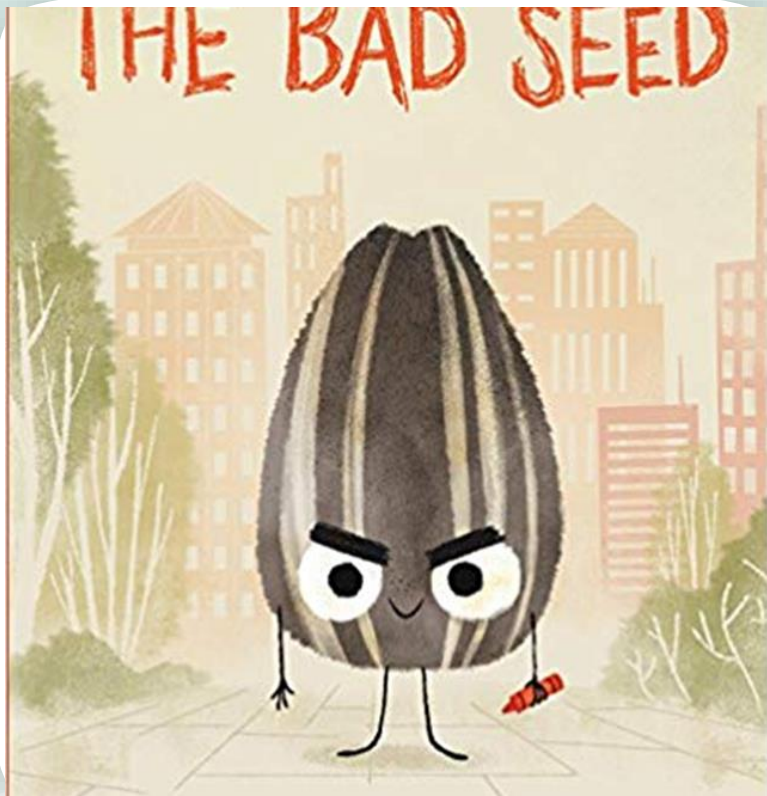
Discussions around worries and how to deal with them including things the children have seen on the news

The books

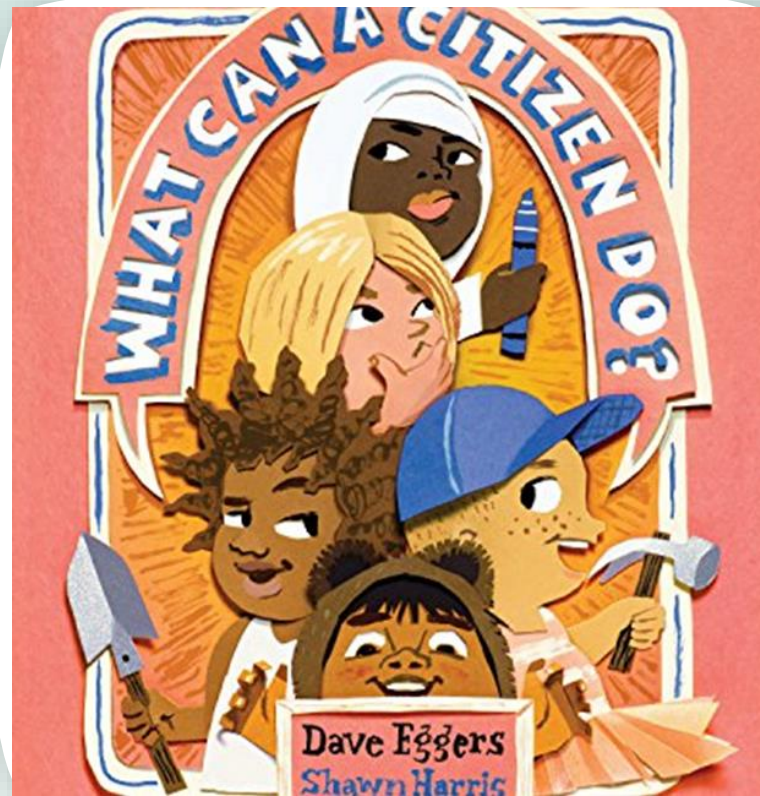


Understanding the word 'discrimination' and the feelings involved on both sides when it occurs





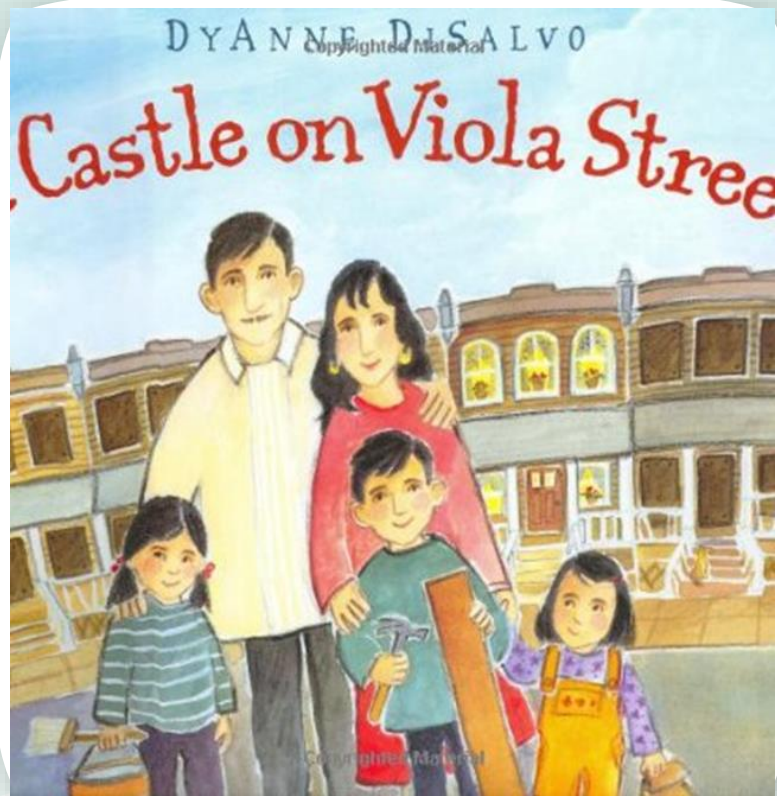
A look at what anti social means and the roles that everyone plays in anti social behaviour



Discussions around what people can do for their communities and what it means to be a citizen

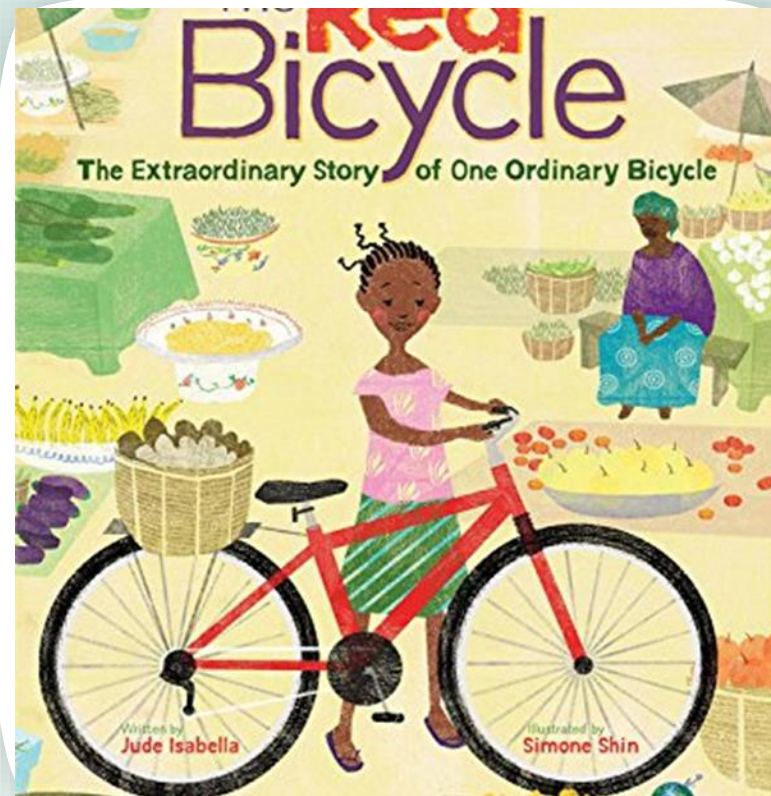


The books



A look at what volunteering is
and about all who benefit from
volunteering

The books



Discussions about donating
things or time to help others and
the feelings involved with this



Questions and Answers



Common questions

Why are there these changes to PSHE lessons in schools?

- In the spring of 2019, in response to a consultation period, the Department for **Education** (DfE) announced an overhaul of sex, health and **relationships education** in both **primary** and secondary **schools**. This was the first overhaul in 18 years and took into account new concerns facing our young people including mental health worries.



Common questions

Will this curriculum guidance promote LGBT relationships?

- The DfE answers this question directly
- No, these subjects don't 'promote' anything, they educate.
- Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships. RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.
- Pupils should receive teaching on LGBT relationships during their school years - we expect secondary schools to include LGBT content. Primary schools are enabled and encouraged to cover LGBT content if they consider it age appropriate to do so, but there is no specific requirement for this. This would be delivered, for example, through teaching about different types of family, including those with same sex parents.



Common questions

Will my child be taught sex education at primary school?

- The new curriculum includes relationships education but not sex education.
- The science curriculum states that children should learn about puberty and reproduction.
- In addition to the National Curriculum, the Department for Education (DfE) published Sex and Relationships Education Guidance in 2000, which, although it isn't statutory, schools must take into consideration. Primary schools should:
 - Have an SRE programme tailored to the age and maturity of children.
 - Ensure that boys and girls know about puberty before they experience it, and how babies are conceived and born.
 - Focus their relationships education on friendships, bullying and self-esteem.



Common questions

Can I withdraw my child from these lessons?

- This curriculum is statutory in all non-academy primary schools and therefore children can only be withdrawn from the parts of this scheme which are outside of the guidance document.
- The only parts of this scheme outside of either the new guidance or the Science Curriculum are
- Money lessons
- Keeping safe e.g. water safety, road safety lessons



Any other questions?

Please fill in a questionnaire – this is how you can express your views on how we will teach Physical and mental wellbeing and Relationships education.

