

Name of intervention: Drawing and Talking



Intent: To enable children to develop their self-confidence, regulate their emotions and to understand their inner feelings in a safe manner. This is done by working with the child's inner world in a non-intrusive way at the child's own pace. The child sets the pace and what they bring to each session.

Implementation: Drawing and talking will run once a week for twelve sessions. Each session will be on the same day at the same time. All drawings will be sent home on completion of the program. Parents are asked to give written consent for their child's attendance.

Impact: No entry and exit data is gathered to assess impact. The child's confidence and self-esteem will improve as they begin to understand and regulate their own thoughts and emotions.

Lead by: Kath Hartshorn

