

Name of intervention:

Forest Schools



Intent: Forest School aims to support play, exploration and supported risk taking. It develops confidence and self-esteem through learner inspired, hands-on experiences in our outdoor Forest School area.

Implementation: Kathy runs a session a week for 1 and a half hours with the support of an additional adult. 15 children access the intervention over a period of 12 weeks. Children are selected based on their emotional wellbeing and mental health needs. Kathy works closely with the SENCO and teaching staff to identify a group of children from across year groups 1-6. The children spend their time in the Forest School Garden taking part in planned and unplanned activities to promote team building, teamwork, confidence and resilience.

Impact: The children will enjoy the sessions, build positive friendships and relationships with adults and children. They will gain skills in resilience, independence and confidence which are transferred and observed in the classroom.

Lead by: Kathy Swanwick

