

Name of intervention: Lego Therapy



Intent: This is a structured, evidence-based Intervention used to develop social communication, collaboration, and emotional regulation. The intervention targets turn-taking, sharing, joint focus, listening, and following rules.

Implementation: Children work in small groups (usually 3), pupils take on rotating roles – Engineer, Supplier, and Builder, to construct models together. The session happens usually once a week for 30 minutes.

Impact: Staff monitor children's ability to take on the different roles and communicate with the rest of their team. Adaptations are made where appropriate. Children can be signposted to different interventions if needed after completing Lego Therapy.

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