

## **Name of intervention:**

Nurture Breakfast



**Intent:** The aim of the club is to provide a smooth transition from home to school in the morning and for the children to experience a really happy and settled start to the school day. Nurture Breakfast Club is part of the school's pastoral provision.

**Implementation:** The group is run by Mrs Wagstaffe and Mrs Barson each morning in the partnership room from 8:45 to 9:15. The children prepare and eat breakfast together. They register by adding their name to one of the Zones of Regulation colours. If they aren't in the Green Zone, a staff member will take the time to talk through how they are feeling and what support they need.

**Impact:** The children will gain confidence, develop a sense of emotional well-being, improve self-esteem and build some new friendships. Evidence will be gathered through parent feedback and children's questionnaires.

**Lead by:** Julie Wagstaff and Shelley Barson

